

THE HALZEPHRON INN

Sunday Lunch Menu

STARTERS AND LIGHT BITES

Homemade soup of the day served with a bread roll and butter.
Small - £6.95 Large - £8.95 (gf* v vg*)

Chowder of Cornish seafood served with a bread roll and butter.
Small - £9.95 Large - £13.50 (gf*)

Traditional prawn cocktail served with brown bread and butter. £11.95 (gf*)

Homemade smooth chicken liver pâté served with cider apple chutney and crostini. £9.50 (gf*)

MAINS

Traditional Sunday roast with all the trimmings, and all come with Yorkshire pudding. Rare Beef – chicken – pork (alternate weeks). £15.95 lamb (alternate weeks) £16.95 (gf*)
Can't decide, go for a mixed meat roast. £16.95 (gf*)

Junior portion. £11.95

Home made vegetarian nut roast. £14.95 (v vg)

Traditional beer battered fish, served with chunky chips, mushy peas and homemade tartar sauce. £16.25 (gf*)

Chicken and mango curry served on a bed of rice, with naan bread and poppadom. £16.95 (gf)

Homecooked ham with two free range fried eggs, served with chips and dressed salad. £13.95 (gf)

Five bean and sweet potato chilli served on a bed of rice with guacamole and tortillas. £13.95 (gf v vg)

Sea bass fillets on a bed of stir-fried vegetables, prawns and served with baby potatoes. £23.95 (gf)

Wholetail scampi served with mixed salad and chunky chips and homemade tartar sauce. £16.00

Creamy macaroni cheese served with garlic bread. £12.95 (v) add bacon strips for £1.50

CHILDREN

4oz beef burger in a soft white bap, served with chips and salad garnish. £8.50

Local butchers' sausages with chips and baked beans. £8.95

Breaded fish fingers with chips and baked beans. £8.95

Creamy macaroni cheese served with garlic bread. £7.95 (v)

Home cooked ham with one fried egg and chips. £9.25 (gf)

Chicken and mango curry, with rice and poppadom. £9.95 (gf)

SANDWICHES

Choice of brown or white bread. (gf*)
All come with dressed salad, crisps, and coleslaw.

Prawn Marie Rose. £13.95

Home roasted ham with tomato. £9.95

Simply crab, hand-picked white crab meat and mixed leaves. £19.25

Local mature cheddar cheese with sweet pickle. £8.95

Slow cooked beef brisket with dill pickle and red onion. £11.50

Tomato, beetroot, and pesto. £9.95

SALADS

Served with a brown, white or gluten free roll.

Prawn or pure white local crab meat. £22.95

Traditional ploughman's with either mature cheddar or home roasted ham. £12.95

SIDES

Chunky chips. £3.75

Cheesy chunky chips. £4.50

Mixed salad. £4.00

Seasonal Vegetables. £4.50

GF denotes gluten free, GF* denotes gluten free with changes. V denotes vegetarian V* vegetarian with changes.
VG denotes vegan, VG* denotes vegan with changes.

